



Why Wait?

— Say the things. Celebrate the human. —

Have you paused recently to notice how easy it is to say endlessly loving things to a baby? We coo over the rolls of fat on their legs, delight in their laughter, and find comfort in sharing the quiet moments as they sleep. Or, how encouraging we are to children as they utter their first word, take their first step, create art, and on and on? Science shows that positive affirmations improve mental and emotional health. Affirmations boost self-esteem, reduce anxiety, and promote resilience.

Yet, there is a vast “in between” that exists from saying the things to little humans and waiting until (hopefully) decades later when a person dies to once again reflect on and celebrate all that we love about the person who is no longer with us.

Perhaps it is time to create a new way....here and now. All of us could benefit from a dose of resilience and a decrease of anxiety! So, **Why Wait?** Let's say the things and celebrate the human at any age and stage of life!

Why Wait? is a custom created experience that celebrates humans at any stage and age of life. It was born from:

- the feelings inspired at a couple powerful memorial services and funerals;
- a deep belief in and practice of acknowledging humans for their gifts and presence; and,
- a dream of revolutionizing our cultural norms around living and dying.

It is far easier than we believe to speak acknowledgements and show appreciation for the people in our lives. **Why Wait?** transforms thoughts and feelings into tangible messages to those we love most. Through the support of guided questions and templates, a life-affirming experience is easily woven together to create a radical act of love and celebration for a special human. Create a **Why Wait?** celebration for someone you love – including yourself!

Contact Krista Powers for a template and guidelines to create a **Why Wait?** celebration.